



CERTIFICATION REGISTRATION FORM

Section A: General Information

DATE:
Name:
Date of Birth:
Street Address:
City, State, Zip Country (if other than U.S.A.):
Best Phone Number to reach you at:
Email Address:
Occupation:

Section B: Class & Workshop you are registering for

Course Title/Date: YBR Foot Fitness Part 1 with Elizabeth Demmel (20-22 September 2018)
Location: Paradigm Wellness, 3 Pickering Street, China Square Central, Nankin Row, #03-53, Singapore 048660

Section C: Short Health Questionnaire

Health History – Please check all that apply and provide additional information, if relevant:

Spinal surgeries / disorders list:

Muscle / joint pain list:

Muscle / bone injuries list:

Sprains / strains list:

Caesarians – please list dates if “yes” to caesarians:

High blood pressure low blood pressure:

Diabetes prosthesis asthma / lung problems:

Pregnancies - are you pregnant now? If “Yes,” how many weeks?

Please list all medications and any supplements you are taking.

Do you have any medical / health conditions which may prevent your full participation in the class?

Section D: Method of Payment (please include #, exp. Date and code) - NA



Section E: Terms & Conditions

1. Attendance of the classes are conditional on you providing all information required by Yamuna Studio, Inc., its officers, instructors, employees, agents or affiliates ("Representatives"), including Paradigm Wellness Pte Ltd and its Representatives (hereinafter referred to as "us", for purposes of this Section E: Terms and Conditions).
2. All class/workshop fees and relevant payments are to be made in advance and are strictly non-refundable. You may transfer your registration to another person provided that you give us at least three (3) days' prior notice, and the person to whom you transfer your registration fees satisfies all prerequisites for attendance (if any) and duly completes all the registration, release and waiver forms as required by us.
3. All teachers and class schedules may be subject to change by us.
4. You must ensure that all personal information provided herein and health information and/or declarations provided in Section C: Short Health Questionnaire are true, up-to-date and accurate.
5. You agree that you have read and understood and will comply with the waivers enclosed herewith. For the avoidance of doubt, all clauses in the Release and Waiver Form are incorporated as part of these terms and conditions.
6. All rules and forms referred to herein are to be incorporated as part of these terms and conditions.
7. These terms and conditions will be governed by and interpreted in accordance with the laws of Singapore and all disputes arising thereof will be subject to the non-exclusive jurisdiction of the Singapore Courts.

Declaration:

I confirm that I have read and fully understood this questionnaire and hereby confirm, to the best of my knowledge, that the information provided herein is true, up-to-date and accurate. I also confirm that I have read and fully understood the terms and conditions listed in Section E and agree to all the terms.

Signature:

Date:



AGREEMENT OF RELEASE AND WAIVER OF LIABILITY FORM

Please read, sign and return this waiver along with your registration form and health questionnaire.

I, _____ hereby confirm and agree to the following:

- 1) That I am participating in a YBR® training class, YBR® Workshops and/ or other YBR® programme (“YBR® Classes”) offered by Yamuna Studio, Inc. during which I will receive information and instruction about YBR® . I recognize that this fitness program involves physical contact and requires physical exertion which may be strenuous and may result in physical injury, and I am fully aware of and hereby accept all the risks and hazards involved.
- 2) I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the YBR® Classes. I represent and warrant that I am physically fit and I have no medical condition which would prevent my full participation.
- 3) In consideration for being permitted to participate in the YBR® Classes, I agree to assume full responsibility for any risks, injuries or damages, known or unknown which I might incur as a result of participating in the YBR® Classes.
- 4) I understand that I have the right and duty to inspect the mats, facilities and equipment to be used and if I believe that anything is unsafe or beyond my capability I will immediately seek advice from the instructor or supervisor of such condition(s) and may decline to participate.
- 5) In further consideration of being permitted to participate in the YBR® Classes, I knowingly, voluntarily and expressly release and hold harmless Yamuna Studio, Inc., its officers, instructors, employees, agents or affiliates (“Representatives”), including Paradigm Wellness Pte Ltd and its Representatives, from any and all claims, demands, damages, actions, causes of actions or suits of any kind or nature whatsoever (collectively, the “Claims”) in respect of any injury that I may sustain as a result of participating in the YBR® Classes.
- 6) I also hereby release and hold Yamuna Studio, Inc., and Paradigm Wellness Pte Ltd and their Representatives harmless from any and all Claims in respect of loss or damage to personal property during my participation in the YBR® Classes.
- 7) I understand that until I complete all of the YBR® requirements, I am not a certified practitioner and will not teach or conduct classes.

I have read the above release and waiver of liability, the Terms and Conditions referred to above and fully understand its contents and I voluntarily agree to all the terms and conditions stated above.

Signature: _____ **Date:** _____

Please print your name: _____

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